

Evening & Weekend MASSAGE Program

September 2008

The Providence Institute

Schedule subject to revision

Session 1: September 6th – December 20th, 2008

Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				Anatomy & Physiology I 8am - 12pm	Wellness 10am – 1pm (9/7-10/19)
Massage I 6 - 10pm		Intro to Shiatsu 6 – 9:30pm Movement & Communication 6 – 9pm (starts 10/30)		Lab Practice 1 - 5pm (ends 12/6)	Hydrotherapy 10am – 2pm (10/26-12/14)

Session 2: January 6th – April 26th, 2009

** One Clinic Required*

Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				Anatomy & Physiology II 8am - 12pm	Medical Massage 10am – 2pm (ends 2/22)
Massage II 6 - 10pm		Professional Massage Skills 6 – 9pm Lab Practice 6 – 9:30pm (1/8-2/19)		Applied Techniques 1 – 5pm Massage Clinic* 1 - 5pm (starts 3/14)	Applied Techniques 9am – 5pm (3/1 only) Massage Clinic* 9am – 1pm 1 - 5pm (starts 3/15)

**Three Required Prenatal Clinics: 1-7pm on 2/21, 2/28 & 3/7*

Session 3: May 5th – August 25th, 2009

** One Clinic Required*

Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
				Anatomy & Physiology III 8am - 12pm	Massage Clinic* 9am - 1pm
Massage III 6 - 10pm		Prof. Practice Development 6 – 9pm (5/7-6/18) Applied Techniques 6 – 10pm (starts 7/2)		Massage Clinic* 1 - 5pm	Massage Clinic* 1 - 5pm

Class	Total Hours
Swedish Massage Technique I, II, III	185 hrs
Anatomy I, II, III	88 hrs
Physiology I, II, III	88 hrs
Applied Techniques	91 hrs
Lab Practice	52.5 hrs
Introduction to Shiatsu	24.5 hrs
Movement Integration & Communication	18 hrs
Professional Practice Development	21 hrs
Wellness	21 hrs
Hydrotherapy	28 hrs
Medical Massage	28 hrs
Professional Massage Skills	21 hrs
Massage Internship/Clinic	84 hrs
Total	750 hrs

Orientation: Saturday, September 6th 9am-2pm
Thanksgiving Break: November 27th – December 2nd
Spring Break: February 23rd – 27th
Summer Break: July 3rd – 6th
Graduation: Saturday, August 29th 4-6pm